

# 2010 West Central "Additional" Regional Forum

With our U.S./Canada General Service Board  
Of Alcoholics Anonymous



November 12, 13, and 14, 2010  
7pm to 10pm Friday  
9am to 9:45pm Saturday  
9am to noon on Sunday

Best Western Ramkota Hotel  
And Convention Center  
2111 North LaCrosse Street  
(I-90 @ Exit 59)  
Rapid City, SD 57701  
(605) 343-8550



**FIRST TIME FORUM  
ATTENDEES-WELCOME!**

**There is no Registration Fee**

**We Are Coming Together To  
Share Experience On  
Several Topics:**

- ❖ Why should I care about A.A. beyond my home group?
- ❖ A.A. History-Boring or incredible spiritual journey?
- ❖ How does support of G.S.O. help A.A.s worldwide?
- ❖ Does your home group use the A.A. Grapevine or La Viña as a Twelfth Step tool?
- ❖ The upside down triangle-how are the General Service Board, the A.A.W.S. and Grapevine Boards accountable to the Fellowship?
- ❖ How do I have a voice in A.A.?
- ❖ What do the Traditions and Concepts have to do with my home group?

## **Purpose of this Forum**

This Forum is put on by the A.A. General Service Board and is "open" to A.A. members or to anyone interested in A.A. Forums originated in 1975 at the suggestion of the late Chairman of the General Service Board of Trustees, Dr. Jack Norris.

Forums are designed to enhance communication and participation among A.A. members, the General Service Board, and staff and directors from the General Service Office Staff and the A.A. Grapevine. Forums offer a meeting place to ask questions and spark new ideas to help carry the A.A. message of hope to the still-suffering alcoholic.

This Forum provides unique opportunities for A.A. members throughout the West Central Region to share their experience, strength and hope.

### Registration Information:

- ❖ Registration is free.
- ❖ You can register online at [www.aa.org](http://www.aa.org). Go to "Services for Members" and click on "Regional Forums" link.
- ❖ You do not have to register to attend.
- ❖ But, please register early to help us plan for setup and food requirements. (Meals will not be free. There are a few restaurants nearby and we may have food on-site.)
- ❖ All who register will receive a final report of all discussions at the Forum.
- ❖ All registration information is confidential and will not be used for anything except sending the final report!

### Hotel Information:

Best Western Ramkota Hotel  
And Convention Center  
2111 North LaCrosse Street  
(I-90 @ Exit 59)  
Rapid City, SD 57701  
General Information: (605) 343-8550  
Fax: (605) 343-5086  
Single/Double Rate: \$89.00 plus tax



## Hosted by the 8 areas of the West Central Region

Iowa

Montana

South Dakota

Northern Minnesota

Nebraska

Wyoming

Southern Minnesota

North Dakota

## Schedule of Events

### Friday

2:00–till closing	Registration
6:30–7:00 p.m.	Forum First Timer Orientation
7:00–8:30 p.m.	Welcoming and introductory remarks
8:30–8:45 p.m.	Break
8:45–9:15 p.m.	Video
9:15–10:00 p.m.	General Sharing Session

### Saturday

9:00 a.m.–till closing	Registration
9:00–10:00 a.m.	Presentations
10:00–10:15 a.m.	Break
10:15–10:45 a.m.	General Sharing Session/ Ask-It Basket
10:45–11:40 a.m.	Presentations
11:40–12:00 noon	Skit
12:00–1:30 p.m.	Lunch

### Saturday (continued)

1:30–2:30 p.m.	Presentations
2:30–3:30 p.m.	General Sharing Session/ Ask-It Basket
3:30–3:45 p.m.	Break
3:45–4:00 p.m.	Presentation
4:00–5:00 p.m.	General Sharing Session/ Ask-It Basket
5:00–7:00 p.m.	Dinner
7:00–8:15 p.m.	Workshops
8:15–8:30 p.m.	Break
8:30–9:45 p.m.	Workshops

### Sunday

9:30–10:30 a.m.	General Sharing Session/ Ask-It Basket
10:30–10:45 a.m.	Break
10:45–11:30 a.m.	Past Trustees' Talks
11:30–12:00 p.m.	Closing Remarks

For more information please contact G.S.O. @ 212-870-3400, see G.S.O.'s A.A. Web Site at [www.aa.org](http://www.aa.org)

Please cut here and send registration form to  
Regional Forums, General Service Office, P.O. Box 459, New York, NY 10163.



**2010 WEST CENTRAL "ADDITIONAL" REGIONAL FORUM REGISTRATION FORM\***

Pre-Registration Encouraged!

Please, PRINT Clearly.

Register online at [www.aa.org](http://www.aa.org)!

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone number \_\_\_\_\_

- Do you need an American Sign Language Interpreter? Yes\_\_\_ No\_\_\_
- Do you need a Spanish Language Interpreter? Yes\_\_\_ No\_\_\_
- Have you ever attended a Regional Forum previously? Yes\_\_\_ No\_\_\_
- Do you want to receive the Final Forum Report electronically? Yes\_\_\_ No\_\_\_

If yes, please provide your e-mail address:  
\_\_\_\_\_

Mail to G.S.O. to arrive  
by November 8, 2010:  
Regional Forums  
General Service Office  
P.O. Box 459  
New York, N.Y. 10163

\*Information collected is confidential and will only be used for communication about this Regional Forum.

Please cut here and send reservation form to:  
Best Western Ramkota Hotel And Convention Center



**Reservation Information—  
West Central Regional Forum**

**November 12-14, 2010**

**Best Western Ramkota Hotel And Convention Center**

**(605) 343-8550, FAX: (605) 343-5086**

Mail to hotel to arrive by  
October 12, 2010:  
Best Western Ramkota Hotel And  
Convention Center  
2111 North LaCrosse Street  
(I-90 @ Exit 59)  
Rapid City, SD 57701  
Attention: Kathy

Arrival Date: \_\_\_\_\_ Departure Date: \_\_\_\_\_

Please state number of nights \_\_\_\_\_ Arrival Time: \_\_\_\_\_ a.m. \_\_\_\_\_ p.m.

\$89.00 (Standard) plus tax

I prefer a  "smoking"  "non-smoking" guest room

Please indicate number of guests in room \_\_\_\_\_ Please specify room type \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone \_\_\_\_\_

Deposit Included \_\_\_\_\_ Credit Card Name \_\_\_\_\_

Credit Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

# Regional Forums and Local Forums

Regional Forums originated in 1975 at the suggestion of Dr. Jack Norris, then Chair of the General Service Board of Alcoholics Anonymous. They were to be weekend sharing and informational sessions designed to help the General Service Board, A.A. World Services, Inc., the Grapevine Corporate Board, the Grapevine Staff, and the General Service Office Staff stay in touch with A.A. members, trusted servants and newcomers to service throughout the A.A. service structure.

**REGIONAL FORUMS** Originally, at the invitation of a region, four Regional Forums were held each year. Since the U.S./Canada service structure is composed of eight regions, a Regional Forum was held in alternate years in each region on a rotating basis. In October 2006, the General Service Board approved the concept of an Additional Regional Forum to be held upon request in each region every eight years also on a rotating basis, bringing the possible number of Regional Forums held each year to five.

The location and agenda for Regional Forums are decided jointly by the Regional Trustee, Area Delegates and G.S.O. The responsibility for initiating contact with the hotel is assumed by a local A.A. Host Contact working with the Forums Coordinator and Regional Trustee. The Forums Coordinator at G.S.O. distributes registration forms to groups and service workers throughout the region and, working with the Host Contact and Regional Trustee, coordinates the details of the Forum.

There is no registration fee for Regional Forums or Additional Regional Forums. The General Service Board covers the expenses of meeting rooms. In many places, area committees, districts and groups cover or defray the transportation and lodging expenses of the trusted servants representing them at a Forum.

**LOCAL FORUMS** In October 2006, the concept of Local Forums was approved by the General Service Board. The purpose of Local Forums is to bring Forum information to A.A. members in remote, sparsely populated areas, urban neighborhoods or underserved A.A. communities. Any A.A. community or service entity may request a one-and-a-half or two day Local Forum. Unlike Regional Forums, the responsibility for Forum expenses such as meeting room rental and miscellaneous expenses are assumed by the Local Forum Committee. The General Service Board will send two participants, one from the Board and one from the General Service Office or Grapevine office and display literature at Board expense. Like Regional and Additional Forums, Board participation in Local Forums requires the approval of the trustees' Committee on International Conventions/Regional Forums. The Regional Forums Coordinator works closely with the Local Forum organizing committee to create an agenda that is responsive to local needs.

As all Forums are intended to be sharing sessions, no formal actions result. Sharing at Forums is captured in Forum Final Reports which are distributed to all attendees. Regional Forums Final Reports are available on G.S.O.'s A.A. Web site. Forums provide unique opportunities to share and exchange valuable experience, ask questions and spark new ideas. Regional Forums and Local Forums carry A.A.'s message of love and service by improving communication at all levels of our Fellowship.

STRUCTURE OF THE CONFERENCE  
(U.S. and Canada)

