

PLEASE share with your group!

District 21 Newsletter

May - Issue # 5 in 2005

District 21 meets the 4th Tuesday of every month. 7:00 pm fellowship with the business meeting starting at 7:30pm. Meeting place is United Methodist church at 4325 Zachary LN NW in Plymouth. Located on the NW corner of County Road 9 (Rockford Road) and Zachary Lane.

Check out our web-site at: www.area36-district21.org

The District 21 newsletter is a confidential document. It may contain full names, phone numbers, and addresses just as AA directories do. This usage does not in any way violate our tradition of anonymity to the public communications media. Names, phone numbers, and addresses are confidential and MAY NOT be used for any other purpose.

FROM YOUR DCM

My thoughts as I was enjoying the early Spring day.

While washing my car, a thought came to me that I needed to say something about. That thought, based most likely on my ignorance, was about "slips". The word seems to be a contrived word and bothers me. The other word that I personally don't like to think about for myself is complacency. These words all lead me to another word that I have recently heard, "option". Option used in the way as to tell the listener that sobriety is an option. Used in the context of a "lifestyle" to be chosen at one's own will and decided upon as good or bad.

This "option" attitude is one that I, indirectly, or possibly right up front, have carried myself. I would like to suggest that sobriety for me is not an option. That if I chose to drink, I would indeed start off where I ended up. That for me was on the way to prison. I didn't like that "option", so I chose an easier, softer way. That in itself was the most significant choice that I was given. Which road did I choose to travel down. While still drinking I was getting the hint that life was coming to an abrupt halt, if I chose to continue in the way that I thought then that life should be lived.

So in sobriety I am convinced, that even in a state of emotional distress, with a topsy-turvy life, my option is to stay sober with God's help and to truly go to any lengths to do so. Not the option "B" that I may never again return from.

Susan DCM 21

Declaration of Unity

*This we owe to A.A.'s future; to place our common welfare first; to keep our fellowship united.
For on AA unity depends our lives, and the lives of those to come.*

Bill W. on General Services and the G.S.R.

"...an A.A. service is anything whatever that helps us reach a fellow sufferer - ranging all the way from the Twelfth Step itself to a ten-cent phone call and a cup of coffee, and to A.A.'s General Service Office for national and international action. The sum total of all these services is our Third legacy of Service." (*A.A. Service Manual*, page S1)

Whether performed by individuals or groups or areas or A.A. as a whole, these activities are vital to our existence and growth. Nor can we make A.A. more simple by abolishing such services. To do so would only be asking for complication and confusion.

Among the most vital, yet probably least understood, group of services are those that help us function as a whole - the work of the General Service Office (G.S.O.) and the General Service Board (the trustees). Our worldwide unity and much of our growth since early times are directly traceable to them.

To get the benefit of direct guidance from A.A. as a whole, the General Service Conference was formed - a body of about 91 delegates from the United States and Canada. These delegates sit yearly with our trustees, directors, and the staffs of G.S.O. and the Grapevine. The Conference has proved itself an immense success. Over the years, its record of achievement has been completely convincing.

The strength of our whole A.A. service structure starts with the group and with the general service representative (G. S. R.) the group elects. I cannot emphasize too strongly the G. S. R. 's importance.

From the pamphlet "G.S.R. General Service Representative"

Calendar of Upcoming Events

All are welcome to attend

Every Saturday through September 10th, Intergroup A.A. Orientation, 10:00 AM
Lutheran Church of the Reformation, 2544 S Hwy 100, St. Louis Park

May 24 District 21 meeting in Plymouth; 7 PM, meeting 7:30 - 9:30 PM

May 27,28,29 Gopher State Roundup, Sheraton Bloomington, I-494 & HWY 100

June 11 Unity Party, United Methodist Church, Plymouth,

June 18 Area Assembly, Henn Tech College, Eden Prairie, 9:00-5:00

August 13 District Workshop, Suburban North Alano, 10:00 - Noon

The following are the volunteers that are currently serving the groups of District 21.

District Officers

DCM.	Susan H	dcm@area36-district21.rg
Alt. DCM	Jeff H	alt-dcm@area36-district21.org
Treasurer	OPEN	treasurer@area36-district21.org
Secretary	Tracy A	sec@area36-district21.org

District Committee Chairpersons

Website	Yvonne L	webchair@area36-district21.org
Newsletter	Gary Q	newsletter@area36-district21.org
	Joe R	
Group records	Kathi W	records@area36-district21.org
Literature	Open	literature@area36-district21.org
Treatment Facilities	Lisa S	tfc@area36-district21.org
Finance	(Treasurer)	
Structure	(Alt DCM)	
Coop. with Prof. Community	Open	(we need a volunteer)
Public Information	Open	(we need a volunteer)
Correction Facilities	Open	(we need a volunteer)
Archives	Open	(we need a volunteer)
Grapevine	Open	(we need a volunteer)

AA Preamble

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking.

There are no dues or fees for AA membership; we are self-supporting through our own contributions.

AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes.

Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Attitude
by
Charles Swindoll

"The longer I live, the more I realize the impact of attitude on life. Attitude, to me, is more important than facts. It is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think or say or do. It is more important than appearances, giftedness or skill. It will make or break a company...a church...a home. The remarkable thing is we have a choice every day regarding the attitude we will embrace for that day. We cannot change our past...we cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one thing we have, and that is our attitude...I am convinced that life is 10% what happens to me and 90% how I react to it. And so it is with you...we are in charge of our Attitudes."

District 21 General Service
P. O. Box 47322
Plymouth, MN. 55447

Change Service Requested.

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